

# ITHACA Board Meeting

2020 December 10 – 12

Satellite Meetings : Friday Dec. 11<sup>th</sup>

WG 9 ID

From 9 to 10:50 AM



# (WG9) Work Groups / Satellite Meetings : Friday December 11th



Time Slot (Virtual Zoom Rooms)	W9 : Intellectual Disability Chair : Tjitske Kleefstra /Dagmar Wiczorek	SPEAKER PM contact : Anne Hugon
9h00	WG ID Goals	Tjitske Kleefstra
9h20	SNW1 ID	Tjitske Kleefstra
9h40	SNW2 PMID	Sylvia Huisman
10h00	Sys ID up Date	Christiane Zweier
10h20	WG ID project forecast	Tjitske Kleefstra
10h40 - 10h50	Discussion for Y 4-5 Future objectives	All attendees

## ⇒ Feel free to invite ERN and external experts



### Experts can be:

- 1/ unrelated to ITHACA
- 2/ non-european (UK...)
- 3/ Patient organisation

*On the Excell sheet, next slide 4,  
we would like you to help us to fill up  
your Medical specialty and/or your field of interest*

*\*\*\**

*Please send an email to [anne.hugon@aphp.fr](mailto:anne.hugon@aphp.fr)*

### Medical specialty:

- Neuropediatrician; pediatric neurologist; Pediatric Geneticist; Physical and Rehabilitation Medicine; Ophthalmologist; Gastropediatrician; Psychiatrist; Endocrinologist; Dental Surgeon; Sex Specialist; Psychologist; Occupational Therapist; Public Health Physician; Speech-Language Pathologist; Patients organisations ; Ethical issues

### Field of interest to complete

# Members list WG9 ID diagnosis and management



Role	Name	HCP	Country	SNW2 P	SNW1 a	SNW3 D	medical Specialty/ interest field
Chair	Tjitske Kleefstra	Nijmegen	NL				
Chair	Dagmar Wieczorek	Dusseldorf	DE				
Member	Christiane Zweier	Erlangen	DE				
Member	Cyril Mignot	Paris (APHP PSL)	FR		1		clinical Geneticist and pediatrician ID
Member	Delphine Héron	Paris (APHP PSL)	FR		1		clinical Geneticist and pediatrician Coordinator of Expert Center Rare ID
Member	Livia Garavelli	Reggio Emilia	IT				pediatric genetist
Member	Gijs Santen	Leiden	NL				
Member	Kai Muru	Tartu	EE				
Member	Malgorzata Szmyt	Olsztyn	PL				
Member	Malgorzata Pawlowicz	Olsztyn	PL				
Member	Maria Antonietta Mencarelli	Siena	IT				
Member	Maria Francesca Bedeschi	Milano	IT	1			genetist
Member	Livia Garavelli	Emilia	IT				
Member	Nadia Bahi-Buisson	Paris (APHP NCK)	FR	1			pediatric neurologist - Spécialized in PIMD
Member	Solveig Heide	Paris (APHP PSL)	FR				clinical Geneticist and pediatrician
Member	Stefania Bigoni	Ferrara	IT			1	
Member	Lina Cardoso Ramos	Coimbra	PT				clinical Geneticist
Member	Isabelle Maystadt	Namur - Gosselies	Be				clinical Geneticist
Member	Sylvia Huisman	Amsterdam	NL	Chair			pediatric neurologist - Spécialized in PIMD
Member	Vincent des Portes	Lyon HCL	FR		1		pediatric neurologist, Expert in ID, Coordinator of DefiScience
Member	Karolina Ślodzińska	Gdansk	PL				
Member	Zeynep Tümer	Copenhague	DK				
Member	Marie Hully	Paris (APHP NCK)	FR	1			pediatric neurologist - Spécialized in PIMD
Guest	Perrine Charles	Paris (APHP PSL)	FR		1		Clinical Geneticist expert in Adult ID
Member	Esther Bakker-van Gijssel	Nijmegen	NL		1		
Guest	Marie Christine Rousseau	Paris (APHP)	FR	1			Physical and Rehabilitation Medicine - Spécialized in PIMD
Guest	Billette de Villemeur	Paris (APHP TSL)	FR	1			pediatric neurologist - Spécialized in PIMD
Member	Joyce Geelen	Nijmegen	NL	1			pediatrician specialised in developmental and congenital disorders
Member e-	Carole Herman	Paris	FR				e-Pag
Member e-	Dorica Dan	Zalau	HU				e-Pag
Member e-	Katarzyna Swieczkowska	Gdansk	PL	1			e-Pag
Member e-	Inés Fernández Ulibarri	Mainz	DE				e-Pag community
Guest PO	Marie Christine Teznas du Montcel	Paris	FR	1			GPF Groupe Polyhandicap France - Présidente

we would like you to help us to fill up your Medical specialty and/or your field of interest

Please send an email to [anne.hugon@aphp.fr](mailto:anne.hugon@aphp.fr)

## We need

- Neuropediatrician
- pediatric neurologist
- Pediatric Geneticist
- Physical and Rehabilitation Medicine
- Ophthalmologist
- Gastropediatrician
- Psychiatrist
- Endocrinologist
- Dental Surgeon
- Sex Specialist
- Psychologist
- Occupational Therapist
- Public Health Physician
- Speech-Language Pathologist
- Patients organisations
- Ethical issues

your contact for WG 9 ID Anne HUGON , Project Manager & Coordination Officer (ERN) ITHACA  
06 68 96 91 07 / +33 1 40 03 23 39 / [anne.hugon@aphp.fr](mailto:anne.hugon@aphp.fr)



## ☆ WORKPACKAGE LEADS

Dr Tjitske. Kleefstra (Nijmegen)

Dr Dagmar Wieczorek (Dusseldorf)

## ✍ KEY OBJECTIVES

To deal with rare genetic IDs, improve our knowledge and understanding of these disorders, which number in the thousands but are poorly known for the most part.

Description

## Deliverables

<https://ern-ithaca.eu/missions/wg-id-diagnosis-and-management/>



## EXPERT CONSENSUS

Develop a web-based rare ID gene database and wiki to provide access to information on genetic causes of ID.  
Create and make accessible an ID gene database connected to clinical information and interacting with Orphanet (M36).

## 2019 Dusseldorf Challenges WP9: ID (Tjitske & Dagmar)

- Collaborate with Registry WG to define ILIAD minimum ID dataset and ILIAD scope of genes
- SYSID synergy/integration with ORPHANET (cf **Christiane Zweier's talk**)
- Implementation of an English version of INSERM report on ID on the web site (collaboration with national French ID network)

# WG 9 ID - Launch 3 projects for the next 2 years

## Diagnosis and management of intellectual disability



### Discussion

- ➔ Propose 3 separate working groups
- ➔ Identify potential partners ,
  - need experts out of the genetic circle of ITHACA
  - including in the other ERNs (Epicare, NMD...)
- ➔ Provisional roadmap
- ➔ Transversal recommendation could be based on Raoul's experience (WG4) and on the means proposed by the European community (help in writing and organizing meetings.)
- ➔ **Developing a specific dataset for ID patients in ILIAD**

Recommendations of good practice for the management of mentally disabled adults

Good practice recommendations for the management of children with profound intellectual impairment and multiple disabilities

*Launch oct 20*  
*Sylvia Huisman*

Recommendations of good practice on strategies for diagnosing intellectual disability, applicable in Europe



## Recommendations of good practice for the management of mentally disabled adults

- **Based publications to edit practical/recommendation**
- Sullivan, William F., et al. "Primary care of adults with intellectual and developmental disabilities: 2018 Canadian consensus guidelines." *Canadian Family Physician* 64.4 (2018): 254-279.
- "Constructing a health assessment questionnaire for people with intellectual disabilities: A cognitive interview study." *Journal of Applied Research in Intellectual Disabilities* 33.3 (2020): 345-353.
- Bakker-van Gijssel, Esther J., et al. "Development of a health assessment instrument for people with intellectual disabilities: a Delphi study." *Family practice* 35.5 (2018): 599-606.
- Bakker-van Gijssel, ESTHER J. **A pro-active health assessment instrument for people with intellectual disabilities.** Towards reducing health inequities. Diss. [Sl: sn], 2018.
- Lunsky, Yona, et al. "Primary care of adults with developmental disabilities in Ontario." *Healthc Q* 17.3 (2014): 11-3.

## Others ideas

**Patient Journey Common Needs: Rare congenital malformations + syndromes with intellectual and other neurodevelopment disorders**

**INTRODUCTION**

Rare congenital malformations and syndromes with intellectual and other neurodevelopment disorders mainly affects one child in a million. The heterogeneous nature of their clinical presentation and huge variation in first symptoms that can present from the newborn period, often result in a delay in securing a timely diagnosis as well as without any available treatment options. Many are common symptoms seen across different syndromes, some are more syndrome-specific. ERN ITHACA has been set up to improve the prognosis and quality of lives for the children affected. But with several thousand rare diseases, how can the Network respond to the wide and diverse needs of these children? The patient representatives (ePAG) mapped out the individual needs of their children in a syndrome specific 'patient journey' that acted as a personal testimony and mapped the natural history of each of the rare syndromes.

Timely Diagnosis & Support → Childhood Development → Mental & Emotional Wellbeing → Holistic Care



*Implementation of an English version of INSERM report on ID on the web site (collaboration with national French ID network)*

Identify needs and partners

Draft production and SNW meeting

1<sup>st</sup> production & revision

Final proposition to be discuss

Final publication dissemination

## Recommendations of good practice on strategies for diagnosing intellectual disability, applicable in Europe

- Beyond the simple "array + genome" make proposal: initial assessment, systematic check-up after genetic diagnosis, attitude for patients without a diagnosis ...



Identify needs and partners

Draft production and SNW meeting

1<sup>st</sup> production & revision

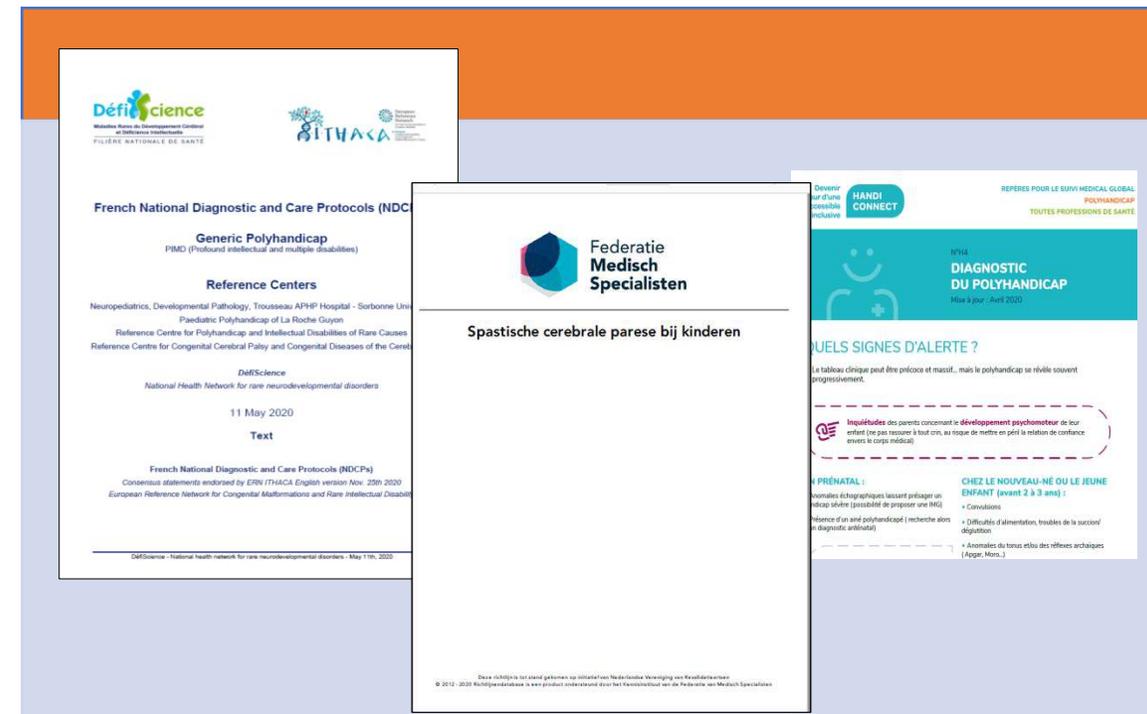
Final proposition to be discuss

Final publication dissemination



### Good practice recommendations for the management of children with profound intellectual impairment and multiple disabilities

- Focusing on genetic causes - but these recommendations could be relevant to all patients with profound, severe and multiple disabilities
- Set a subnetwork group (SNW) on profound intellectual and multiple disabilities
- Based on the PNDS Polyhandicap (French National Diagnostic and Care Protocols (NDCPs) on PIMD profound intellectual and multiple disabilities) published in may 2020 – English Translation is in progress
- To Agree on a EU specific definition
- To Edit practical/recommendation (specific management fact sheets)



october 20

- Identify needs and partners

January 20

- Draft production and SNW meeting

July 21

- 1<sup>st</sup> production & revision

January 22

- Final proposition to be discuss

June 22

- Final publication dissemination



**Group leader - Sylvia Huisman, ID physician**

ITHACA PM contact - Anne Hugon

## **Project PIMD / produce Good practice recommendations, Transversal recommendations**

- Good practice recommendations for health care of children with profound intellectual and multiple disabilities
- Good practice recommendations for daily care and support of children with profound intellectual and multiple disabilities.
  
- Starting from rare (genetic) causes, directing towards generic recommendations relevant to all individuals with PIMD
- Medical, rehabilitative, and socio-educational care
- To guide professional care in European countries and to empower families to receive optimal care



## Goals

- Identifying specific group of people based on their characteristics (directly or indirectly related to cerebral functioning) and needs
- Holistic approach with balanced focus on physical and mental (emotional) health and well-being
- Optimal support of development and quality of life of individuals with PIMD and the ones whom they closely relate to

## Points of attention

- Early signs, (proactive) care and treatment options
- Developmentally appropriate approach, communication and (by proxy) decision making
- Multidisciplinary collaboration
- Goal attainment and life path dedicated care
- Organization of continuous care, coordination and longitudinal follow-up



## Target audience

- Medical, rehabilitative, and socio-educational care professionals
- Lay version for parents and daily caregivers

## Cover the Period from Birth to 25 yrs

- argument to include transition period > Good practice recommendations for children and adolescents with PIMD.



## Working group and task assignment

- 10 persons from various disciplines and 2 ePAG members/patient advocates
- At least 4, 5 countries FR, NL, DE, ES or IT to agree on a EU specific definition/position
- Invite 1 expert representative per country/HCP
- Collaborate with Patient Organisation
- Rely on professional and specialist' societies (ex: EPNS The European Paediatric Neurology Society <https://www.epns.info>)

## Methods, immediate actions

- Collecting of existing recommendations and national guidelines, establish a consensus and propose a definition
- A minimum of consensus with 4 countries?



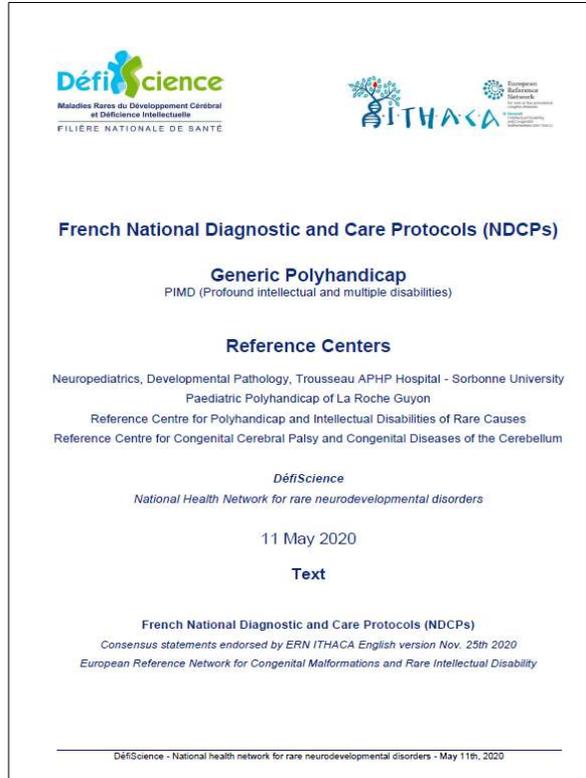
## Prepare Draft Project

Tree format, online/web-based version?

Send to all HCP, with a survey

- What parts are or are not applicable in your country?
- What is missing?
- What needs to be changed?
- What needs to be added?

## French guidelines, translated engl nov 2020 National Diagnostic and Care Protocols (NDCPs)



### Pre-existing guidelines

- Valid sources to build on abstract,
- These guidelines largely integrated and implemented the same concepts and explanations
- **Define a general definition/classification and common**
- Terminology of this specific group of people
- PIMD term and general definition
- ≠ except for 'the signs of autism'
  - Netherlands sign of autism not used in this context
  - Italy, Poland use of behaviour
  - Roumania quite similar but no official definition

## Dutch guidelines, nl 2020



## What is the situation in other countries ?

We did not receive any other National guidelines  
What do you think ?

<https://www.nvk.nl/>  
<https://vsop.nl/>

## The Home of Polyhandicap /PIMD

(starting from rare (genetic) causes)

### Rare diseases in the scope of ITHACA: PIMD / Polyhandicap

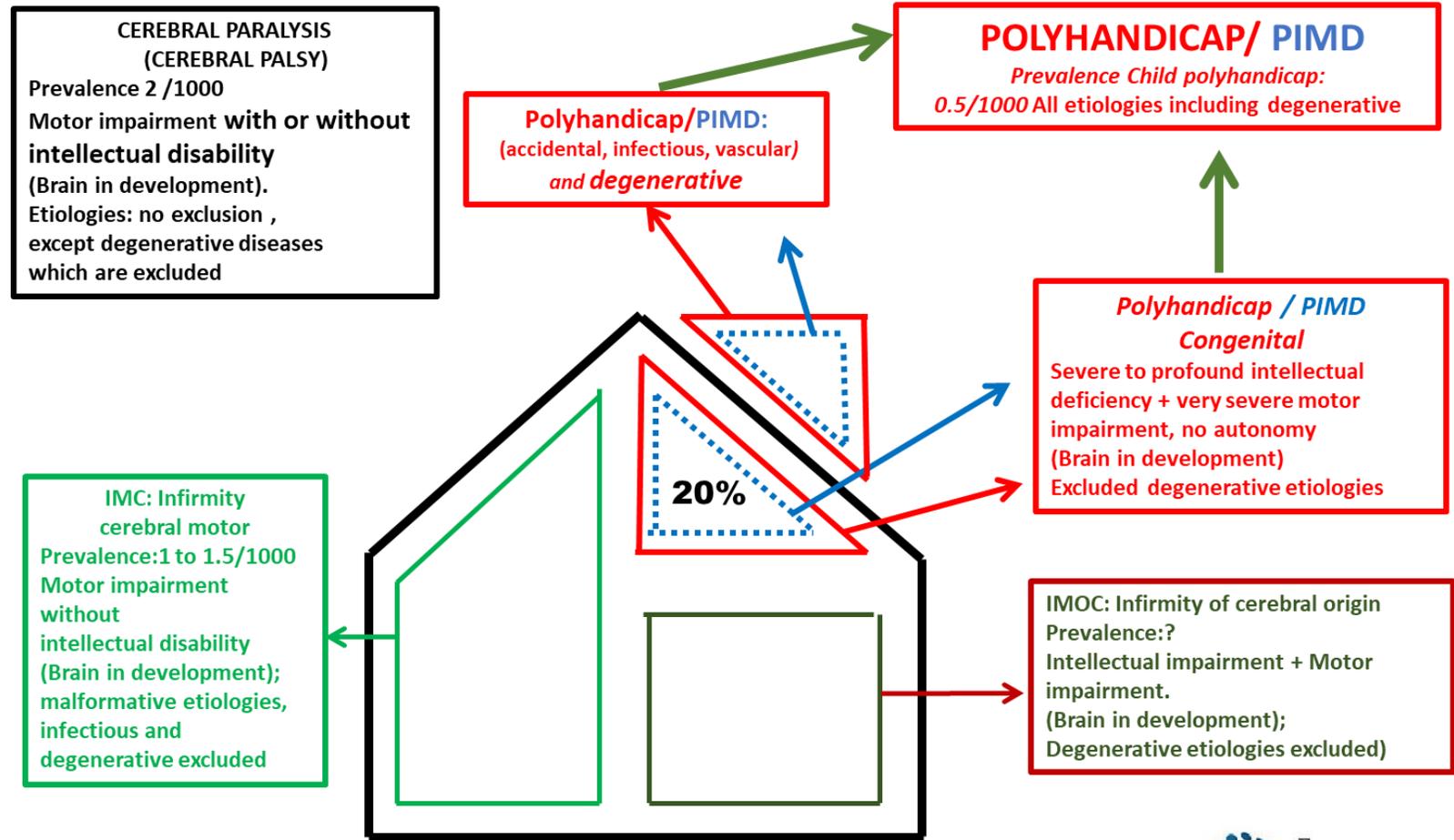
The prevalence of polyhandicap is 0.50 per 1,000, so it is not uncommon. However, the etiologies of polyhandicap are by and large rare diseases, diagnosed or not. Multiple brain lesions and their consequences on growth and secondary repercussions on various organs are sufficiently characteristic for this situation of severe disability, from birth or early childhood, to be declared as a true pathological entity in a national summary document.

### Problem of linguistic and terminology

PIMD Profound intellectual and multiple disabilities



Collect EU definition from each countries, taking the basic point from the French guideline definition



The place of polyhandicap among neurological disabilities with motor impairment

Pr Gérard Ponçot

# SNW2 PMID - A starting point



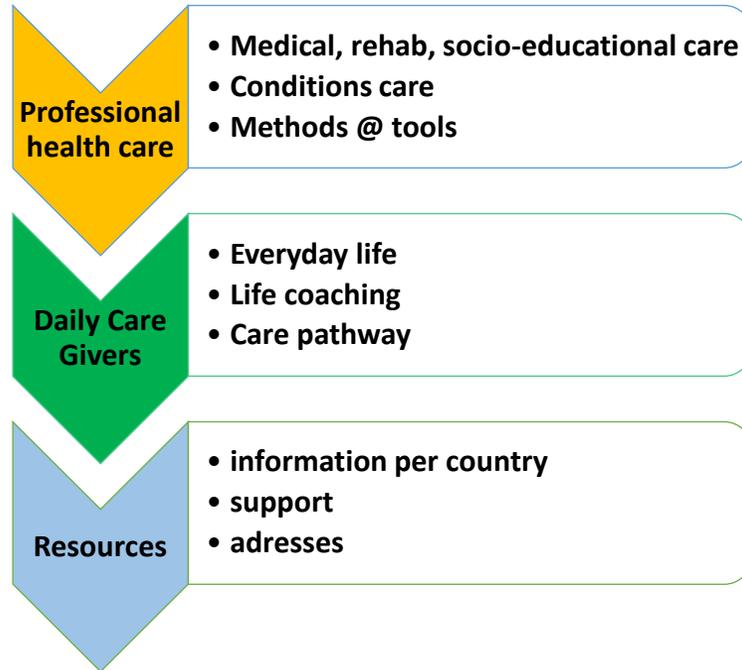
The official French definition of polyhandicap has been updated by decree N°2017-982 of May 9, 2017 on the nomenclature of social and medico-social establishments and services accompanying disabled or chronically ill individuals. This text was incorporated as soon as it was published in the Code of Social Action and Families and describes the population concerned:

- "Individuals with an early or developmental brain dysfunction resulting in severe, multiple, and progressive disturbances in motor, perceptual, and cognitive capacities and the construction of relationships with the physical and human environment, and a situation of extreme physical, mental, and social vulnerability in which some individuals may present, either temporarily or permanently, signs of autism".
- This official recognition of severe and multiple disabilities **(lack of independent walking, no meaningful oral language, profound intellectual disability)** should make it possible to provide more appropriate responses to the needs of the people thus identified. It highlights the situation of vulnerability caused by severe and early brain injury, usually before the age of two years. Since 1989, the date of the first "official" definition, other definitions have circulated, which are intended to be more complete or more positive or to include etiological elements.
- The precise **aetiology of a polyhandicap is only known in 70 to 80% of cases:** when it is known, the cause is prenatal (65 to 80% of cases), essentially genetic, including progressive neurological diseases, perinatal (10 to 15% of cases), mostly linked to extreme prematurity, or post-natal (10 to 15% of cases).
- These brain disorders always have multiple consequences, which remain progressive throughout life: multiple neurological (somatic and intellectual), orthopaedic, digestive, respiratory, sensory, bone, and other disorders (*See Appendix 4 in connection with the definition Chapter, Table 1: Polyhandicap, medical aspects*). Behavioural disorders are frequent (30 to 40%). Pain is also a part of the daily life of these individuals. The perceptive, sensitive, and affective capacities of these people, their skills, and their appetite for communication must be considered to optimize the care they receive and their quality of life.



**Collect EU definition from each countries, taking the basic point from the French guideline definition  
Propose a first definition arranged in the steering group and a starting classification**

# SNW2 PMID – Classification tree proposition



## Professional Health Care

Medical, rehabilitative, and socio-educational care	Conditions for optimal care and follow-up	Methods and tools
<ul style="list-style-type: none"> <li>• Etiologies and diagnosis</li> <li>• Clinical signs and treatment</li> <li>• Cognitive, communicative, motor functioning</li> <li>• Development, behaviour and quality of life</li> </ul>	<ul style="list-style-type: none"> <li>• Developmentally appropriate approach, communication and (by proxy) decision making</li> <li>• Multidisciplinary collaboration</li> <li>• Goal attainment and life path dedicated care</li> <li>• Organization of continuous care, coordination and longitudinal follow-up</li> </ul>	<ul style="list-style-type: none"> <li>• Classification systems</li> <li>• Pain assessment tools</li> <li>• Behavioral assessment tools</li> <li>• Communications tools</li> <li>• Neuro-orthopaedic devices</li> <li>• Tools to support hospitalisations</li> </ul>

## Daily Care Givers (layman version)

Everyday life	Life coaching (Organisation life path)	Care pathway (patient journey)
<ul style="list-style-type: none"> <li>• Specific recommendations</li> <li>• Therapeutic education and the promotion of health</li> <li>• Life path and support</li> <li>• Health decision making</li> <li>• Participation and quality of life</li> </ul>	<ul style="list-style-type: none"> <li>• Early childhood (0 to 6 years)</li> <li>• Childhood and adolescence (7 to 12 years old)</li> <li>• The transition from childhood to adulthood (13 to 20 years old)</li> </ul>	<ul style="list-style-type: none"> <li>• Information transmission and networking</li> <li>• Family support</li> <li>• Team of professionals and support staff Professionals</li> <li>• Health networks, reference centres, and other organizations</li> </ul>

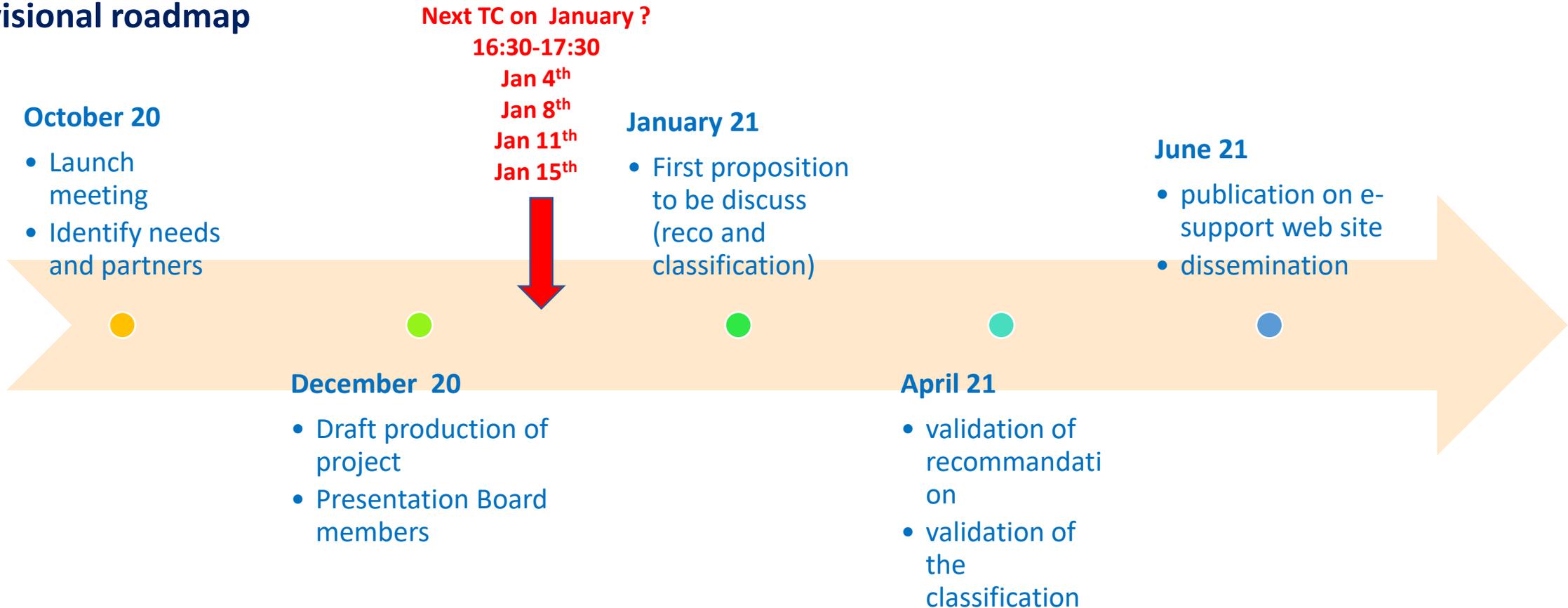
## Resources international and per country

• information (publication)	• support	addresses
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# SNW2 PMID – Discussion & wrap up



## Provisional roadmap



- Dissemination, and update policy
- Practical appointments: timeline development recommendations, task assignments for the participants, searching representatives of missing disciplines, coordination, administrative support, meeting schedule

# SysID database – up dates/ news



sysid.cmbi.umcn.nl

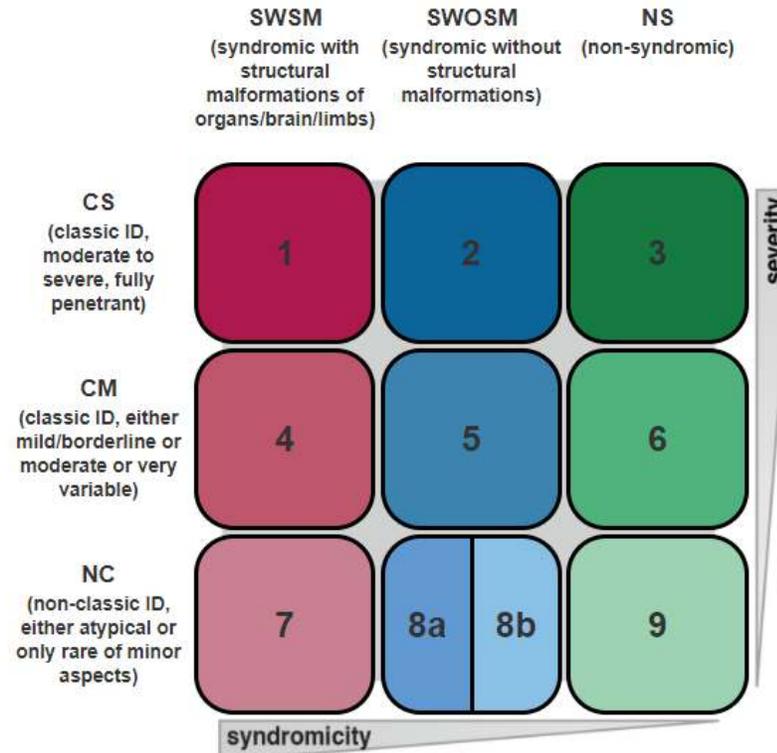
SysID database

Search  Submit

Search by gene symbol, entrez id, fbgn or cg number (e.g. ABCD1)

<https://sysid.cmbi.umcn.nl/>

- Overview
- Human gene info
- Fly gene info
- Disease info
- Orthology
- Neuronal screen
- Wing screen
- Transcription factors
- Motifs
- Autism candidate genes (SFARI)

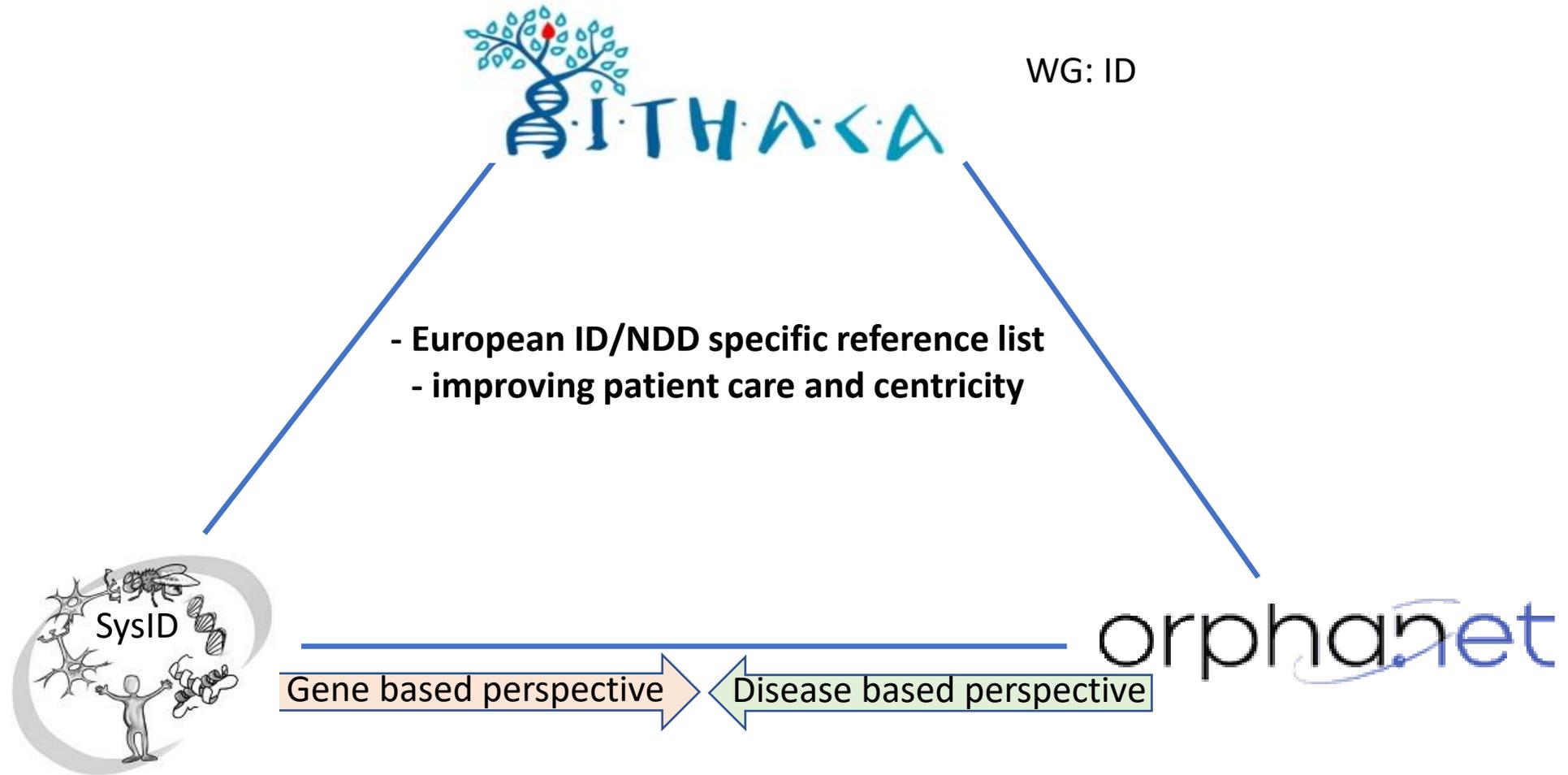


Letter	Feature(s) or organ system
A	short stature
B	microcephaly
C	lethality
E	epilepsy
F	overgrowth/macrocephaly
G	progression/regression
H	neurological symptoms
I	malignancies
J	immunological anomalies
K	endocrine anomalies
L	L1: brain malformations L2: non-structural MRI anomalies
M	metabolic/mitochondrial anomalies
N	obesity
O	vegetative anomalies
P	behavioral anomalies
Q	myopathy (or muscular anomalies)
R	blood cell anomalies
S	ectodermal anomalies
T	eye anomalies
U	U: skeletal anomalies Ua: limb anomalies Ub: vertebral/skull anomalies Uc: clefts
V	cardiac malformations
W	urogenital and renal anomalies
X	other malformations

With the latest update on 31st July 2020 SysID currently contains: [1366 primary ID genes](#), [1189 candidate ID genes](#)

- Latest update November 2020 (update every 3-4 months):
  - 1396 confirmed ID genes
  - 1218 candidate ID genes
- Per gene: contains information on associated diseases, accompanying phenotypes and inheritance patterns plus short clinical synopsis

# SysID – ITHACA - ORPHANET



- Cleaning up and moving SysID
- Acc. phenotypes into HPO terms
- Links to variant databases

# Status with Orphanet



- Discussion on curation and integration ongoing
- Organisatory/financial questions between ITHACA and Orphanet solved
- some discrepancies between curation/nomenclature/definition of NDDs between SysID and Orphanet still need to be solved
- Some delay due to staff members gone

- Database needs to be moved from the Nijmegen Server by March 2021
- Currently exploring other server options
- Bernt Popp (project partner in Leipzig) is currently building a new, tidied-up and more slender version of the database: «SysNDD» as an intermediate solution
- Aims: curation of all data and re-formatting to prepare and facilitate future integration into Orphanet
- Translation of accompanying phenotypes to HPO terms
- Automatic adaption of disease names to current OMIM nomenclature
- BUT.....

# We need expert help for manual re-curation....



- ...of data from more than 10 years
- → checking gene classification and where appropriate re-classification (3 categories: confirmed, likely candidate and candidate)
- → checking and revising associated diseases and phenotypes and adding new data and literature links where appropriate
- Manual with criteria for classification and for clinical curation will be provided
- Curation interface with random selection of «gene packages» for curation per expert

- Please contact me asap:

[christiane.zweier@insel.ch](mailto:christiane.zweier@insel.ch)

# WG 9 ID - Grant Description



WP9	D9.1	Develop a web-based rare ID gene database and wiki to provide access to information on genetic causes of ID	Create and make accessible an ID gene database connected to clinical information and interacting with Orphanet	Data sets	Public	28 Feb 2022	Pending
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part.

- ▶ **Description of work** Collate information on rare ID genes and make them publicly available to the medical and scientific community, along with information regarding the clinical manifestations and links to the corresponding Orphanet descriptions.
- ▶ **Deliverables D9.1:** Develop a web-based rare ID gene database and wiki to provide access to information on genetic causes of ID. Create and make accessible an ID gene database connected to clinical information and interacting with Orphanet (M36).

- **Insertion of SysID in the ORPHAnet ecosystem in progress**
- **NOT in DELIVERABLES for very important in ERN strategies**

Prepare ID specific section of ILIAD (if necessary)

Coordinated with WP5

General statement on day care and health prevention for adults with ID

General statement for day care for patients with severe/profound disabilities with ID



- Next meeting 2021
- Points to summarize for the afternoon plenary session
  - XXXX

*Do not hesitate to send your feed back  
Thankyou for your participation*