



The genetics on Angelman syndrome unraveled

Chaired by

Ellen Koekoeckx, FAST and Samantha Eisenhauer, FAST France

ITHACA, PAB and WG T&T



EUROPEAN REFERENCE NETWORKS

Helping patients with rare or low-prevalence complex diseases

October 8, 2024

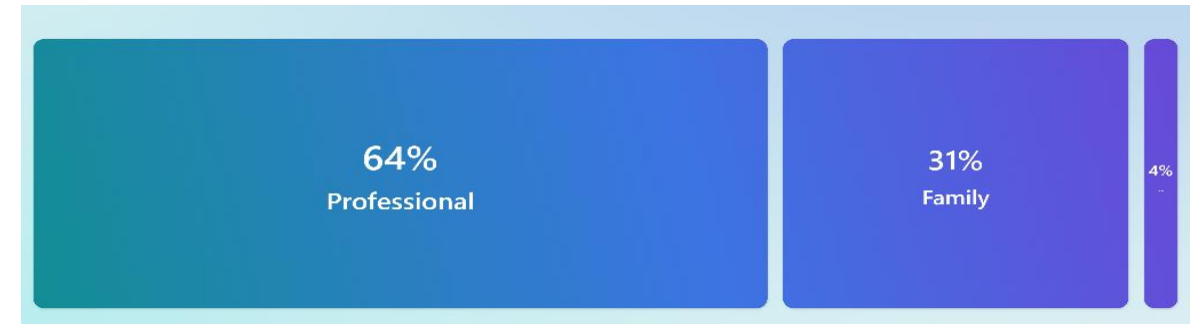
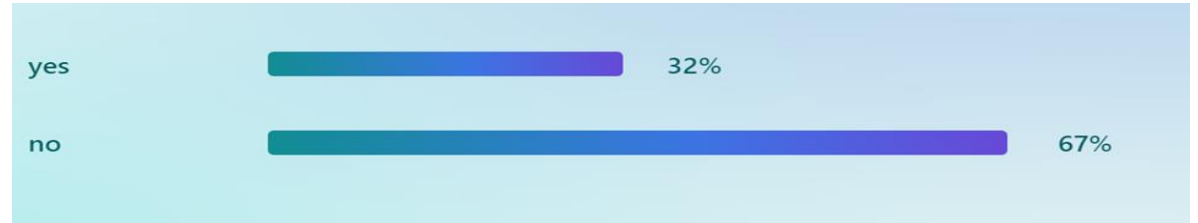
Welcome – Technical points

- **Webinar being recorded**
- **Thank you for**
 - Turn off your microphone and disconnect your camera
 - Raise your hand at the time of the questions and discussions
 - We will answer the questions sent in the registration form
 - A satisfaction survey will be sent to you :
- **Webinars will be available on ITHACA's Website**
<https://ern-ithaca.eu/documentation/educational-resources/>
- **Anne Hugon Project Manager ERN ITHACA - anne.hugon@aphp.fr**

October 8, 2024

Registration Survey

- + 212 Registrations
- Proportion ERN ITHACA 32%
- 66 families/147cliniciens/30 countries



oct 8, 2024

Welcome and Introduction

- **Public:** Clinical geneticists, genetic counselors, neurologists, pediatricians, AS caregivers
- This webinar is the **first of a webinar series dedicated to Angelman syndrome**, a neurogenetic disorder, where we will delve into the genetic foundations of Angelman syndrome. This session will highlight the latest advancements in genetic testing, offering a comprehensive understanding of the various genotypes of AS and reoccurrence risk, shedding light on how treatment strategies are informed by the genetics of AS.
- Chaired by **Ellen Koekoekx** on behalf of **FAST** (Foundation of Angelman Syndrome Therapeutics)

October 8, 2024

Agenda

- **Welcome & Introduction (6 – 6.05 pm)**
 - Ellen Koekoekx, FAST (Foundation of Angelman Syndrome Therapeutics)
- **Genetics of Angelman syndrome (6.05 – 6.15 pm)**
 - Dr. Sofia Ourani, Clinical Geneticist-Paediatric Neurologist, Clinical Genetics Unit – Paediatric Department, Hospital Archbishop Makarios III, State Health Services Organization, Nicosia - Cyprus
- **Recommended genetic testing (6.15 – 6.25 pm)**
 - Dr. Sofia Ourani, Clinical Geneticist-Paediatric Neurologist, Clinical Genetics Unit – Paediatric Department, Hospital Archbishop Makarios III, State Health Services Organization, Nicosia - Cyprus
- **Genotypes of Angelman syndrome and recurrence risk (6.25 – 6.40 pm)**
 - Niki Armstrong, MS, CGC, Vice-President, Genetic services and education; FAST - Certified Genetic Counselor in USA
- **Therapeutic pathway based on the genetics of Angelman syndrome (6.40 – 6.45 pm)**
 - Niki Armstrong, MS, CGC, Vice-President, Genetic services and education; FAST - Certified Genetic Counselor in USA
- **Discussion time (6.45 – 7.00pm)**

October 8, 2024



Genetics of Angelman syndrome

Dr. Sofia Ourani



European
Commission

EUROPEAN REFERENCE NETWORKS

Helping patients with rare or
low-prevalence complex diseases

October 8, 2024

What is Angelman syndrome?

Angelman syndrome (AS) is a rare, monogenic, neurologic disorder that affects approximately 1 in 15,000 individuals or ~ 500,000 individuals worldwide¹⁻⁴



1. Buckley R, et al. Am J Med Genet. 1998; 80: 385-390.
2. Kyllerman M. Am J Med Genetics. 1995; 59(3): 405.
3. Steffenburg S, et al. Pediatr Neurol. 1996; 14(2): 131-136.
4. Mertz LGB, et al. Am J Med Genet A. 2013; 161(9): 2197-2203.

Clinical manifestations of AS are severe, with lifelong impact on the patient and their caregivers

Symptoms of AS

- **Universal lack of speech**
- **Sleep disturbances**/severe insomnia
- Life-threatening/debilitating **seizures**
- Severe developmental delays
- Ataxia/incoordination
- Apraxia/Dyspraxia
- Feeding issues/GI issues
- Unique behaviors
- **Unable to live independently**
- **Significant clinical unmet need**



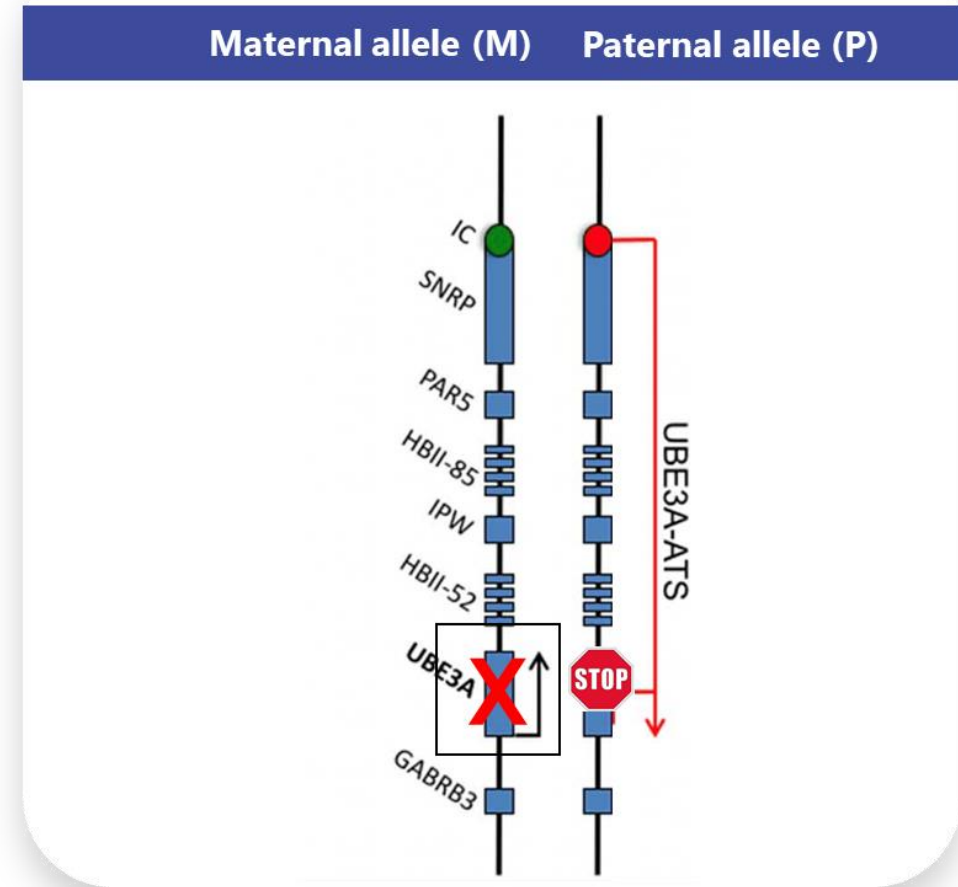
Impact on Family

- **Inability to maintain employment**
- **Loss of sleep**
- Anxiety
- Depression
- Stress
- Social isolation
- Impact on family relationships
- Difficulty caring for other children/home
- Chronic Fatigue
- Excessive costs

Genetics of AS

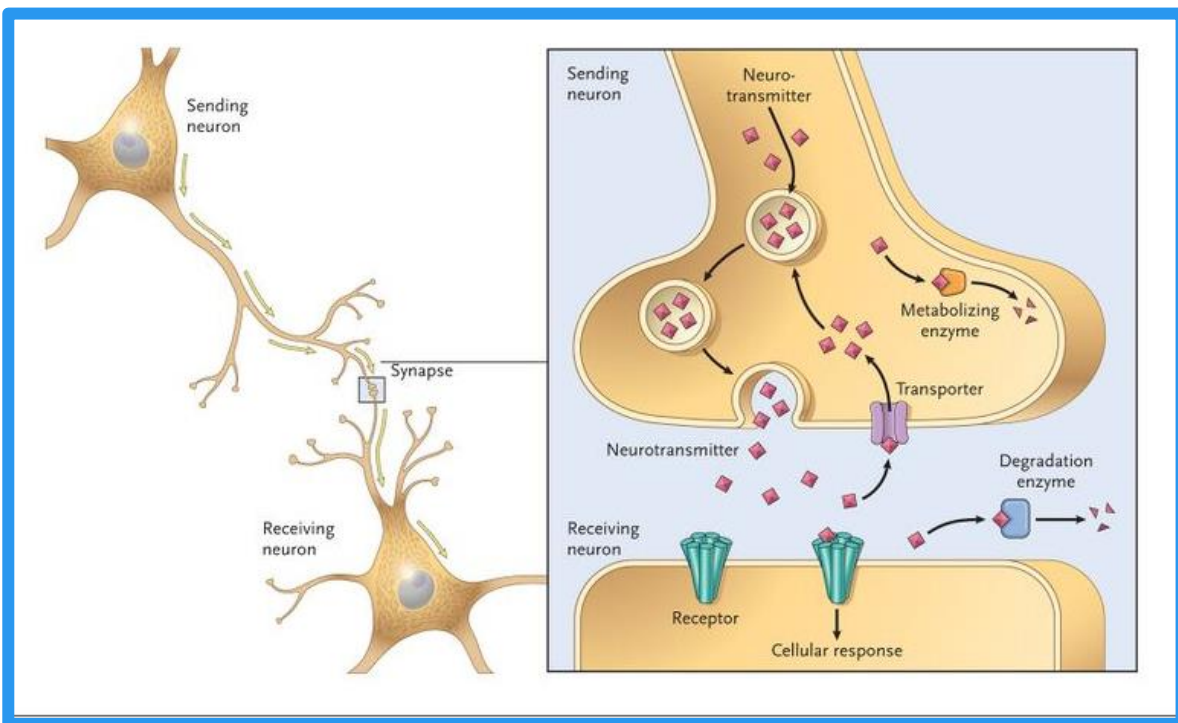
AS is caused by a reduction in expression of the *UBE3A* gene in the maternal copy of Chromosome 15

Imprinted Gene=Paternal silenced



N. Khatri et al. *Front. Mol. Neurosci.* 2019

The role of UBE3A



- Ubiquitin protein ligase E3A
- UBE3A is an enzyme that targets other proteins by tagging with ubiquitin to indicate degradation is needed
- Absence of UBE3A → Dysregulation of proteostasis
 - Accumulation of excitatory signals and a failure of TONIC INHIBITION → difficult for the neurons to communicate
- UBE3A is also a transcriptional coactivator
- 3 isoforms

1. Sell et al. Front Neurosci. 2015; 9:322.
2. Martinez-Noel et al. J Mol Biol. 2018; 430(7): 1024-1050.
3. Greer et al. Cell. 2010; 140(5): 704+716
4. Gustin et al. Neurobiology of Disease. 2010; 39, 283–291
5. LaSalle et al. Epigenomics. 2015. 7(7): 1213–1228.

How much UBE3A do humans need?

*Human Molecular Genetics, 2004, Vol. 13, No. 21
doi:10.1093/hmg/ddh296
Advance Access published on September 22, 2004*

Somatic mosaicism in patients with Angelman syndrome and an imprinting defect

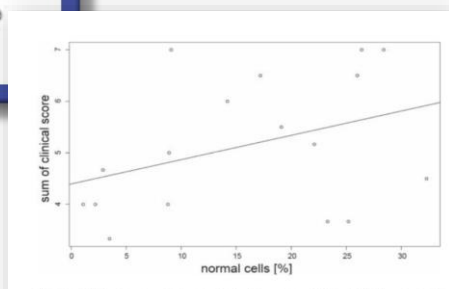
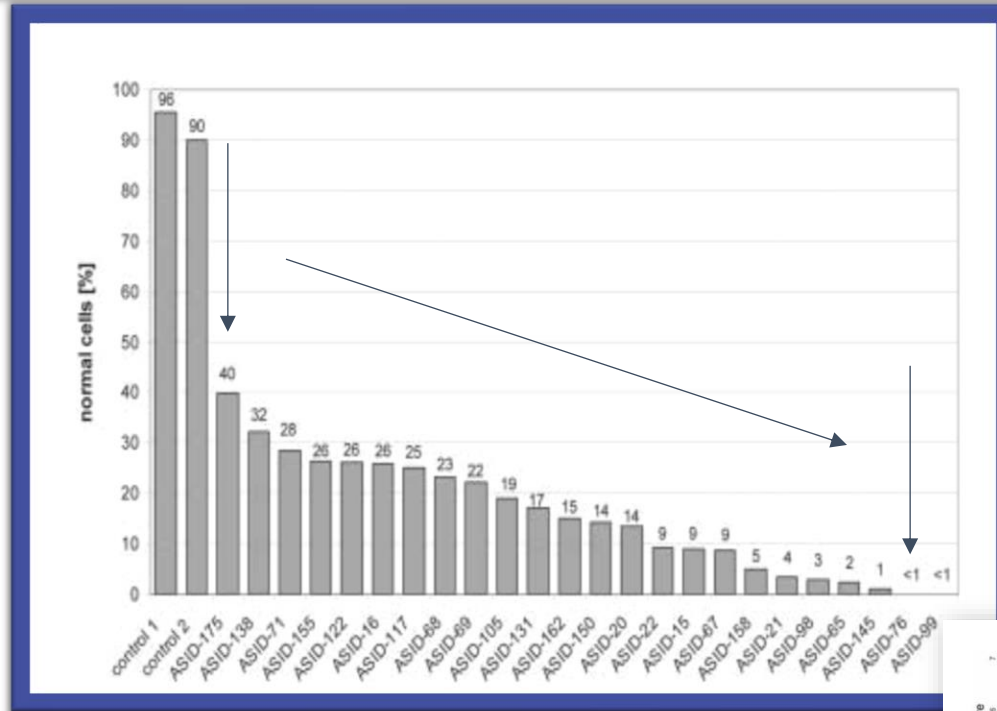
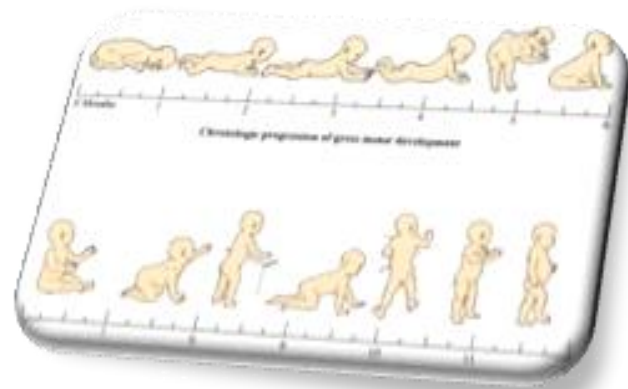
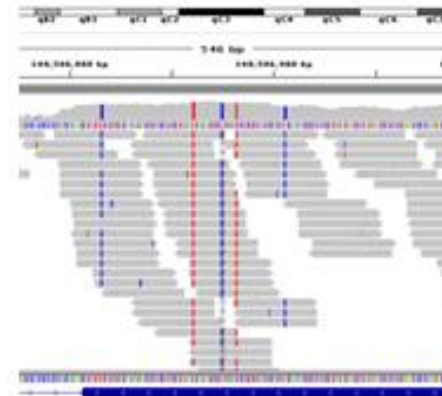
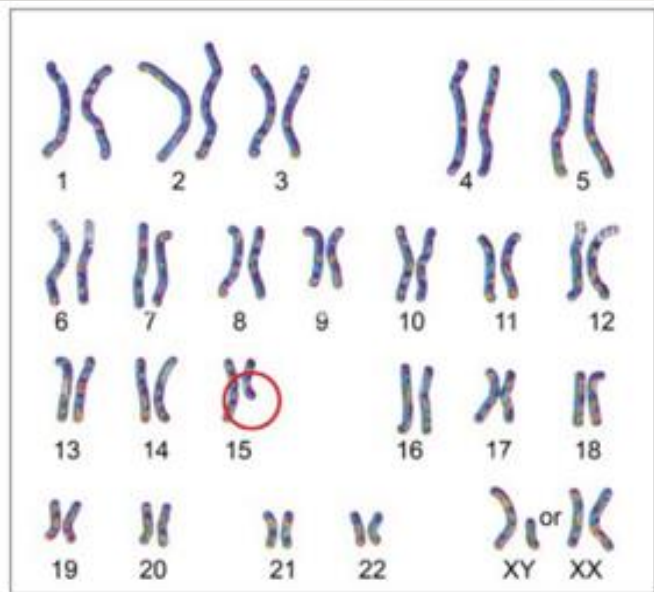
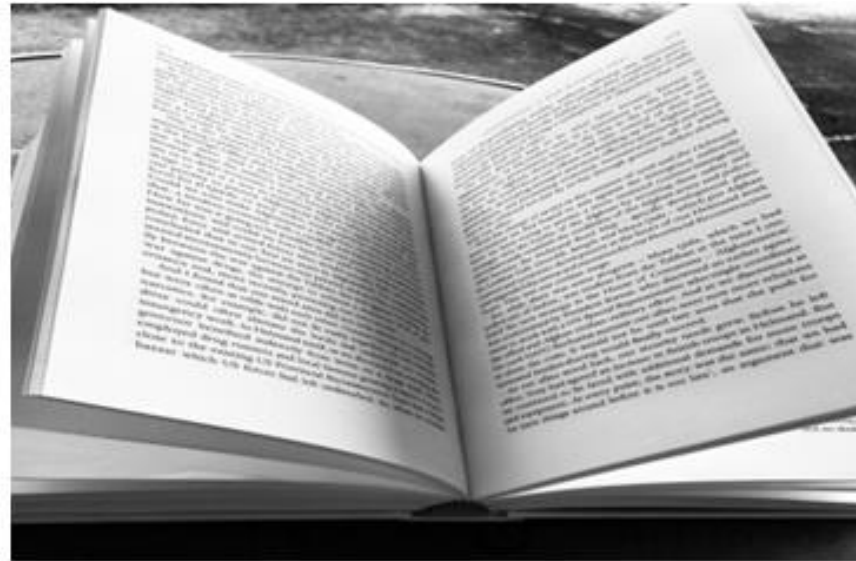


Figure 7. Linear regression analysis. The sum of the clinical scores is correlated to the percentage of the normal cells.

- **1-5% UBE3A** → few-no seizures, ambulatory, some ataxia, some speech
- **~20% UBE3A** → no seizures, ambulatory, minimal to no ataxia and speak in sentences
- **>40%** may not be symptomatic



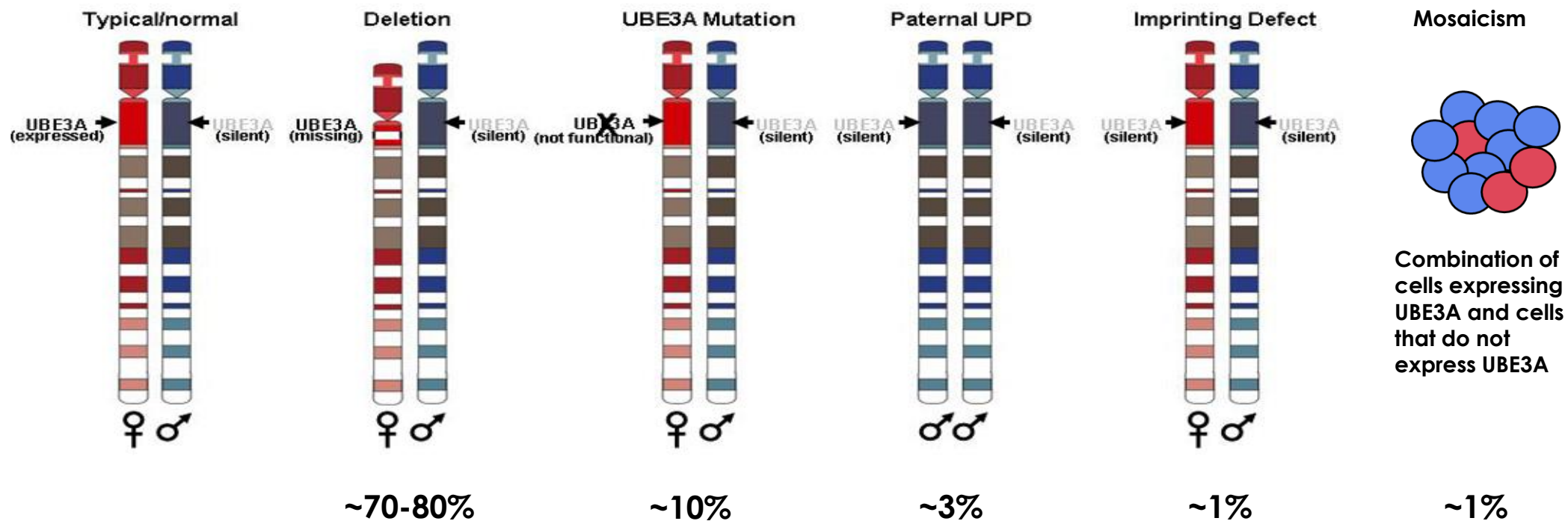
October 8, 2024



<https://www.sciencephoto.com/media/1127811/view/karyotype-of-prader-willi-syndrome-illustration>

October 8, 2024

Angelman Syndrome Genotypes



1. Dagli A, Buiting K, Williams C. Molecular and Clinical Aspects of Angelman Syndrome. *Mol Syndromol* 2011; 2:100-112.
2. Dagli A, Mueller D, Williams C. Angelman Syndrome. *GeneReviews*, 2017. Editor, Adam. Seattle, WA. [<https://www.ncbi.nlm.nih.gov/books/NBK1144/>]
3. Williams C, Driscoll D, Dagli A. Clinical and genetic aspects of Angelman syndrome. *Genet Med*. 2010; 12(7): 385-395.



Recommended genetic testing

Dr. Sofia Ourani



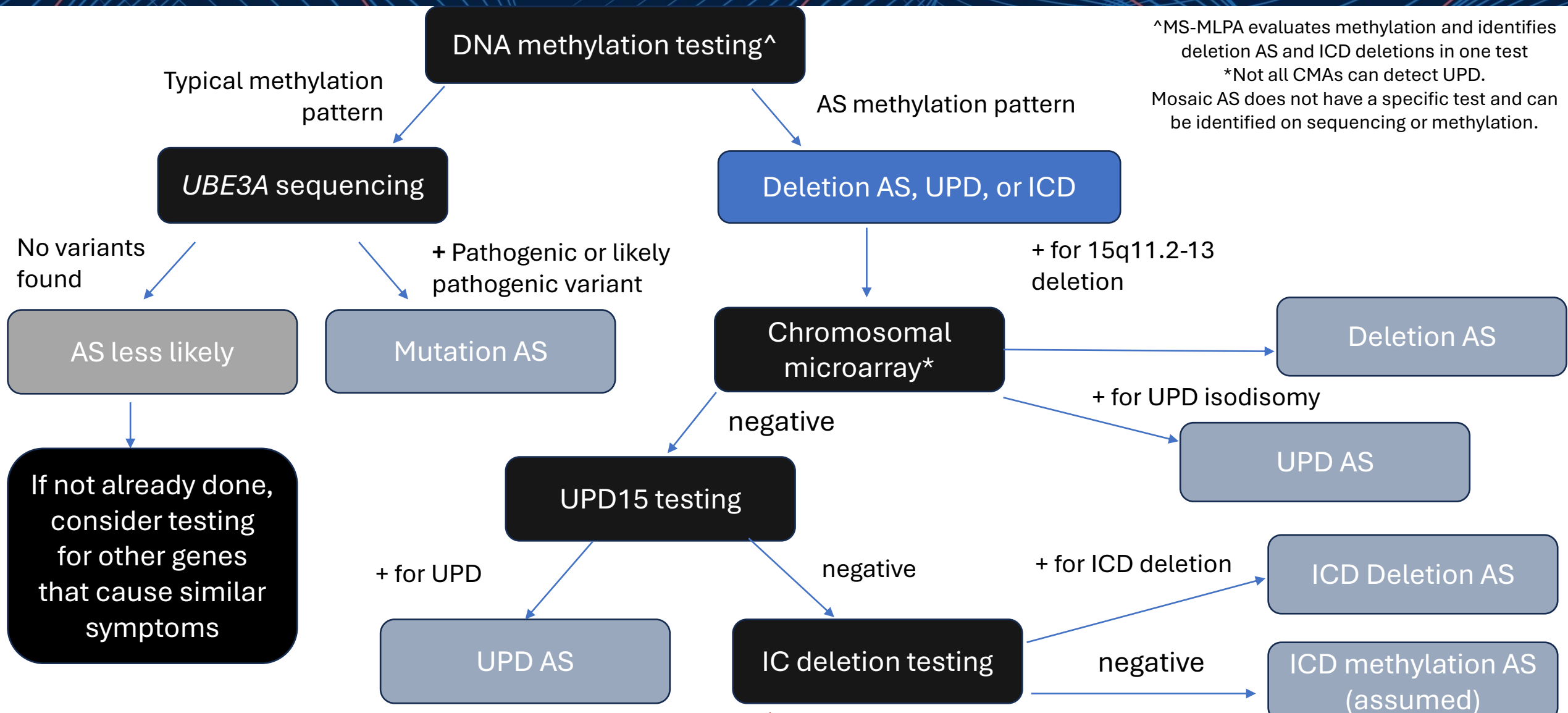
European
Commission

EUROPEAN REFERENCE NETWORKS

Helping patients with rare or
low-prevalence complex diseases

October 8, 2024

Diagnostic testing for Angelman syndrome (when AS is strongly suspected)



^MS-MLPA evaluates methylation and identifies deletion AS and ICD deletions in one test
 *Not all CMAs can detect UPD.
 Mosaic AS does not have a specific test and can be identified on sequencing or methylation.

Current genetic diagnosis

- Less common for genetic testing for specific diagnoses to be ordered as a first-tier
- More common to see individuals diagnosed after:
 - Chromosomal microarray
 - DNA methylation analysis needed to confirm Angelman syndrome versus Prader-Willi
 - Epilepsy or developmental delay gene panel
 - Whole exome or whole genome sequencing

IMPORTANT: AS from UPD (heterodisomy) and ICD are not identified on standard sequencing and CMA! DNA methylation testing is needed to rule out these genotypes.

Common methodologies for AS genetic testing and international availability



Method	Genetic Mechanism Detected ¹					Total Proportion of Probands Detectable by Method ²
	15q11.2-q13del	UPD	Imprinting defect	<i>UBE3A</i> sequence variant	<i>UBE3A</i> deletion/duplication	
DNA methylation analysis ^{3, 4}	X	X	X ⁵			~80%
MS-MLPA ⁶	X	X	X			~80%
FISH ⁷	X					~68%
CMA ⁸	X	X ⁹				~70%-75%
UPD analysis ¹⁰		X				~3%-7%
AS imprinting center deletion analysis ^{11, 12}			X			<0.3%
<i>UBE3A</i> sequence analysis ¹³				X		~11%
<i>UBE3A</i> gene-targeted del/dup analysis ^{11, 14}					X	Rare

About 10% of individuals with the presumptive clinical diagnosis of AS have normal results for all testing methods described in this table [[Williams et al 2010](#)].

CMA = chromosomal microarray analysis; del/dup = deletion/duplication; IC = imprinting center; MS-MLPA = methylation-specific multiplex ligation-dependent probe amplification; UPD = uniparental disomy

EXOME SEQUENCING (=WES, NGS) IS NOT a 1st TIER DIAGNOSTIC TEST

October 8, 2024

Why is knowing the AS genotype important?



While each individual living with AS is unique, individuals with the same genotype may have certain characteristics in common.



Each genotype has a different chance to be inherited.



Many clinical trials have genotype as a criteria.



Genotypes of Angelman syndrome and recurrence risk

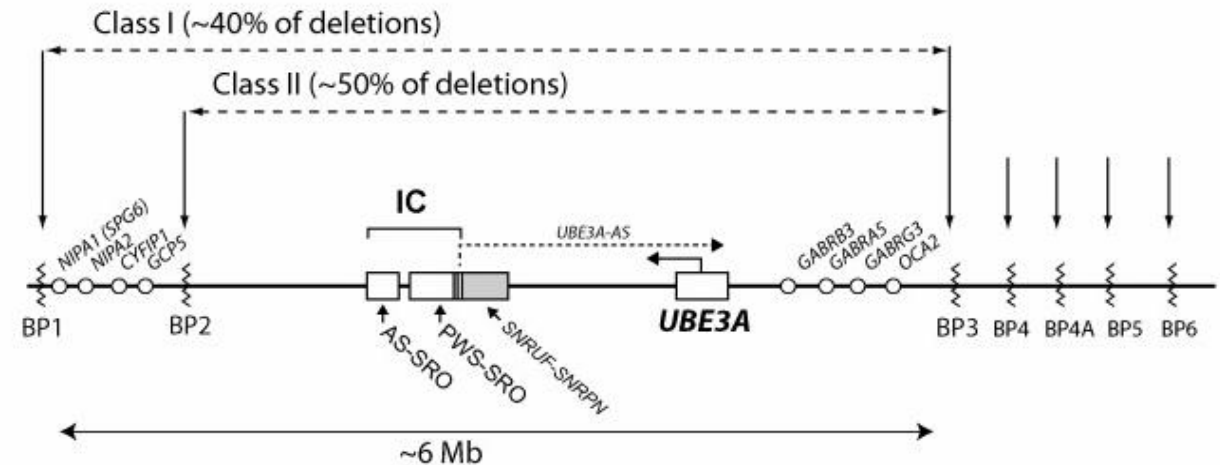
Niki Armstrong



Deletion

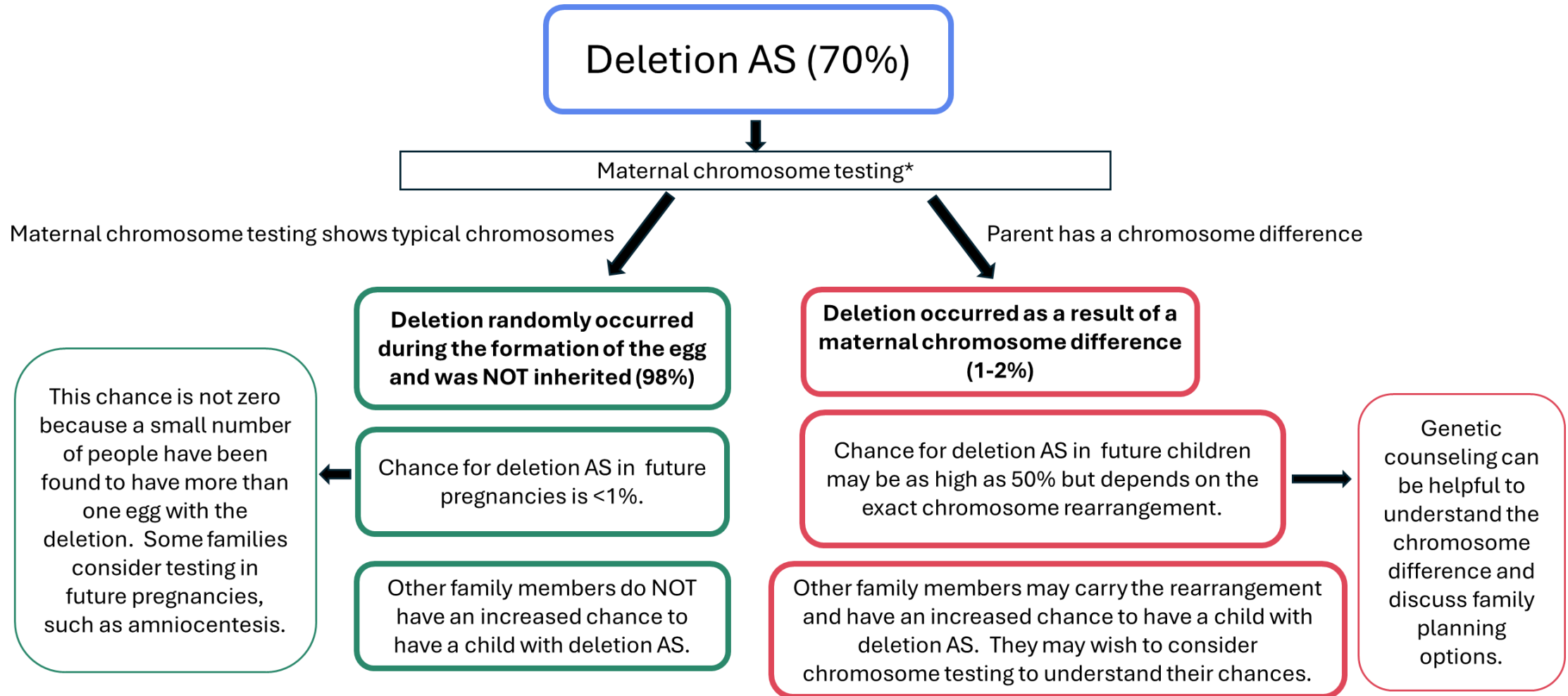
- Generally considered the most severe phenotype
 - Highest prevalence of seizures
 - Lowest scores on cognitive and language assessments
- Likely a result of the deletion of the 3 GABA receptor genes
 - GABA receptors=ion channels in the synapses that respond to GABA
 - Chief inhibitory receptor in the CNS
 - Loss of function variants in GABA subunits have been linked to epilepsy and developmental delays
- Unclear if there is a difference between phenotype of the different standard deletion classes
- Hypopigmentation for family background
 - Caused by deletion of *OCA2*

15q11.2-q13 Deletion Regions



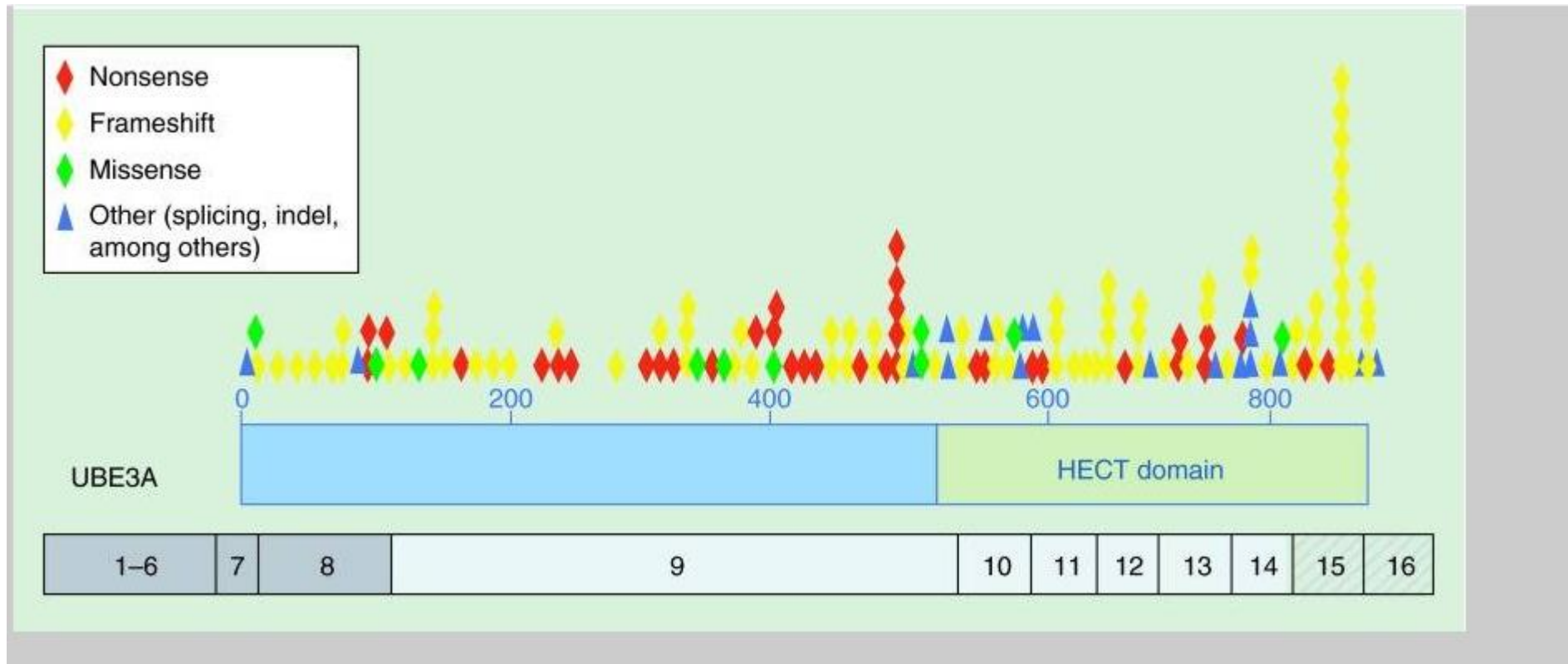
Angelman Syndrome, GeneReviews® [Internet]. Adam MP, Feldman J, Mirzaa GM, et al., editors. Seattle (WA): University of Washington, Seattle; 1993-2024.

Deletion – inheritance and recurrence risk



*Exact testing depends upon how the child was diagnosed

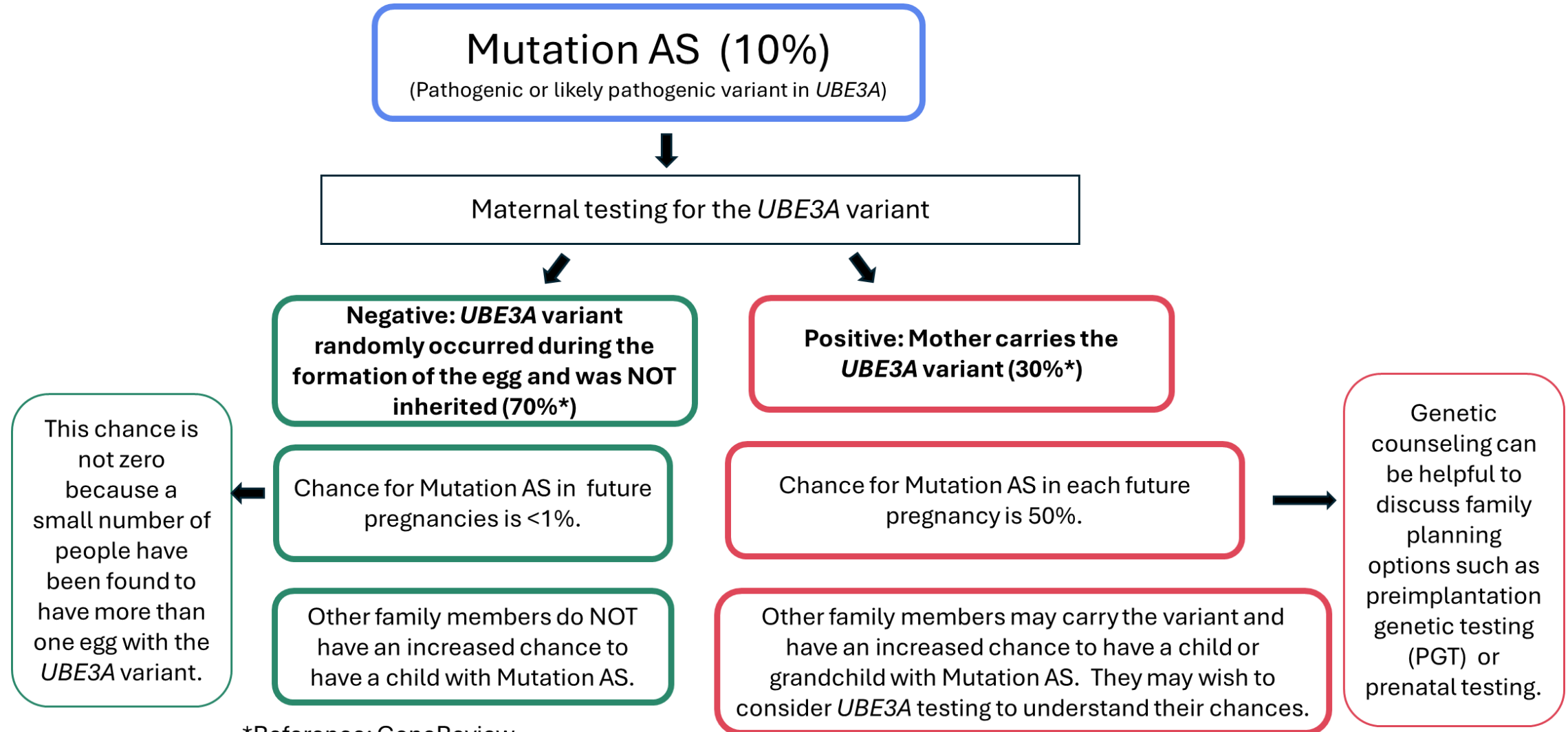
Mutation



LaSalle et al. (2015). Epigenetic regulation of UBE3A and roles in human neurodevelopmental disorders. *Epigenomics*, 7(7), 1213–1228.

October 8, 2024

Mutation – inheritance and recurrence risk

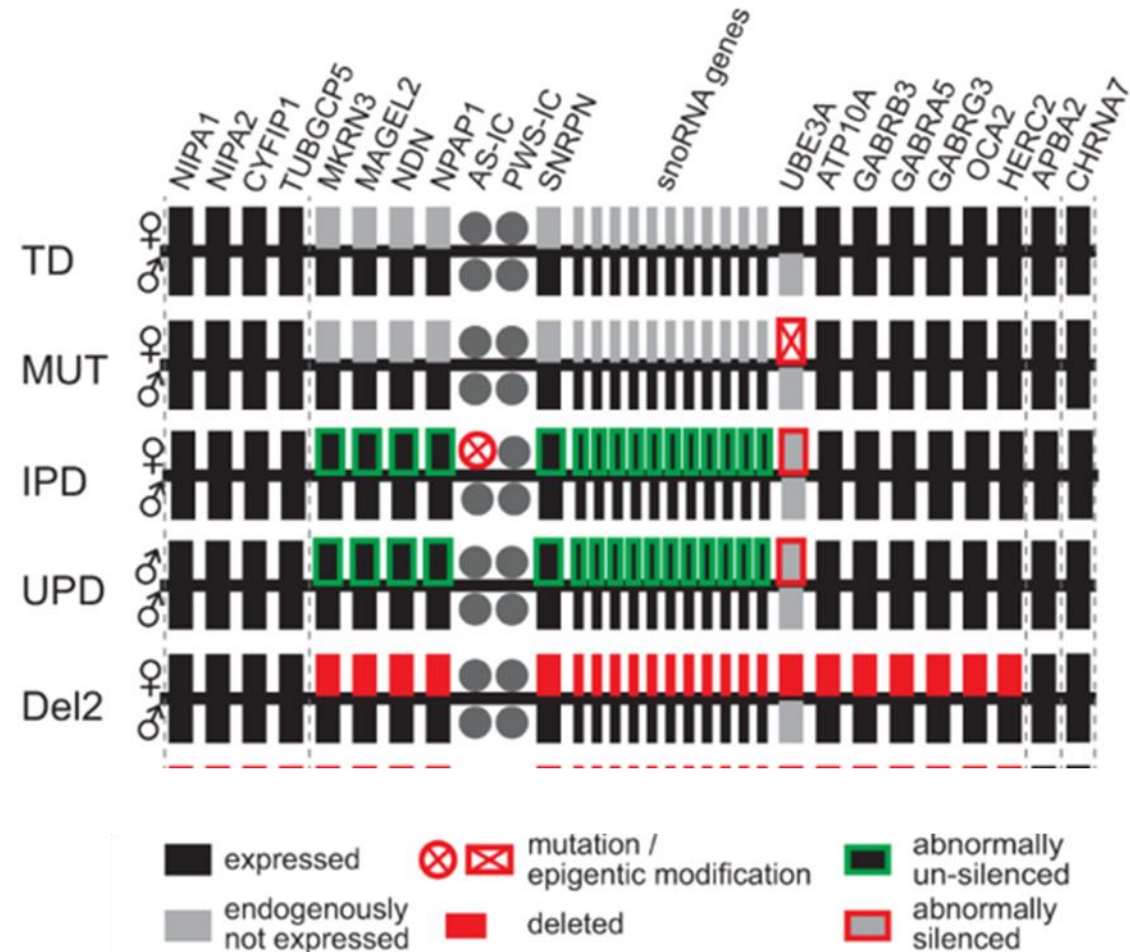


*Reference: GeneReview

October 8, 2024

Paternal Uniparental Disomy (UPD)

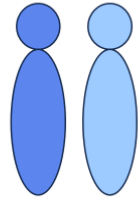
- Absence of neuronal *UBE3A* expression
- Overexpression of paternally expressed genes, including *MKRN3*, *MAGEL2*, *NDN*, *NPAP1*, *SNRPN*, and the *snoRNA* genes
- Phenotype
 - Lower prevalence of epilepsy and less severe epilepsy
 - Higher risk of obesity



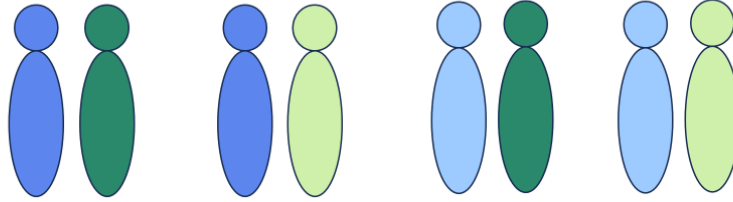
Adapted from Keute, M., Miller, M.T., Krishnan, M.L. *et al.* Angelman syndrome genotypes manifest varying degrees of clinical severity and developmental impairment. *Mol Psychiatry* **26**, 3625–3633 (2021).

Uniparental disomy (UPD)

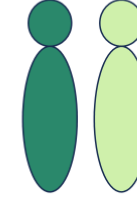
Maternal chromosome 15s



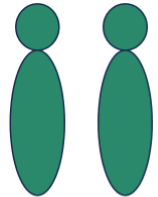
Typical inheritance of chromosome 15s



Paternal chromosome 15s

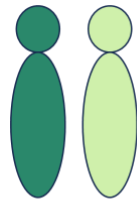


Chromosome 15s when a child has UPD-isodisomy



When both chromosome 15s are exactly the same, it is called isodisomy.

Chromosome 15s when a child has UPD-heterodisomy



When the chromosome 15s are different, but still both come from the sperm, it is called heterodisomy.

Uniparental disomy (UPD) – inheritance and recurrence risk

UPD AS (3-7%)

Parental chromosome testing
(exact testing depends upon how the child was diagnosed)

Parent chromosome testing shows typical chromosomes

Parent has a chromosome difference

UPD randomly occurred and is NOT inherited (99%)

UPD occurred as a result of a chromosome difference that a parent carries (<1%)

This chance is not zero because people who have a tendency for the chromosome 15s to not separate during formation of egg/sperm have been reported.

Chance for UPD AS in future pregnancies is <<1%.

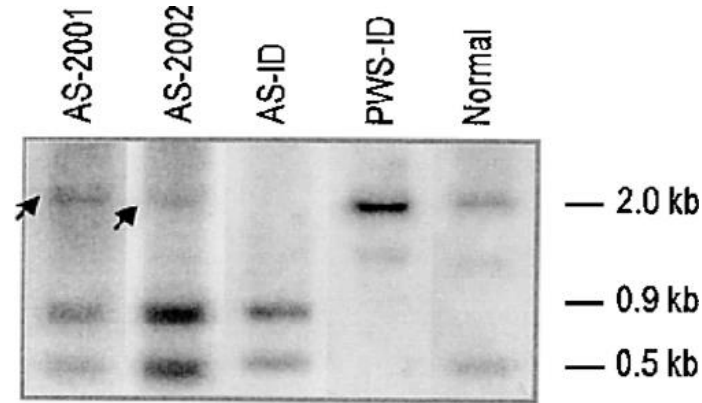
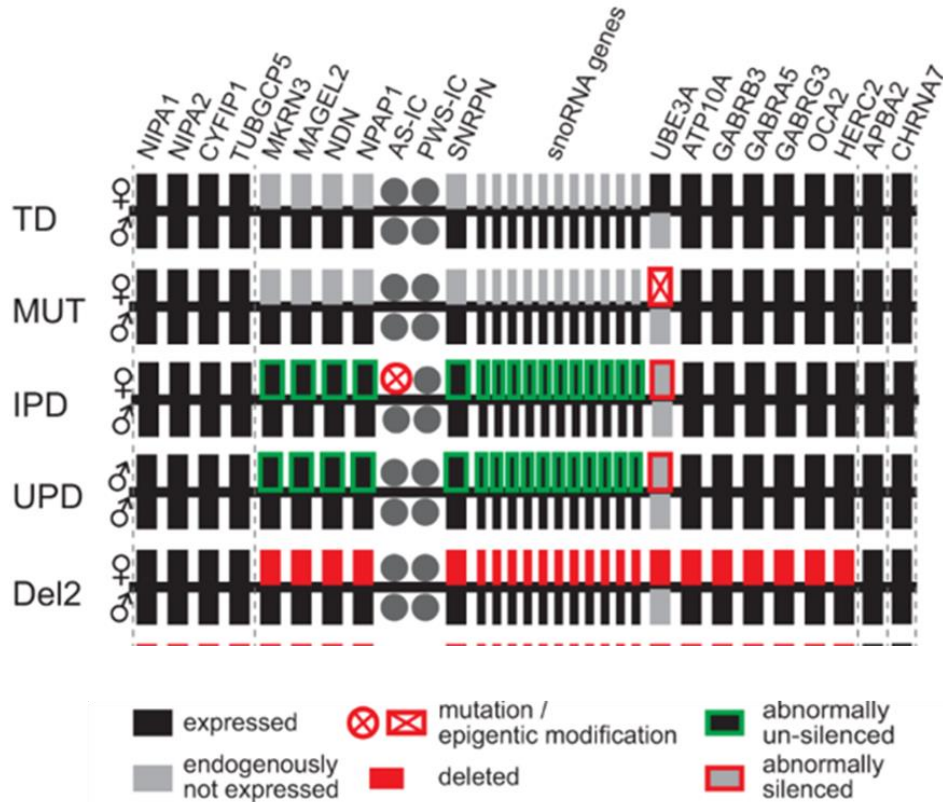
Chance for UPD AS in future children varies greatly (1-100%) depending on the exact chromosome rearrangement.

Other family members do NOT have an increased chance to have a child with UPD AS.

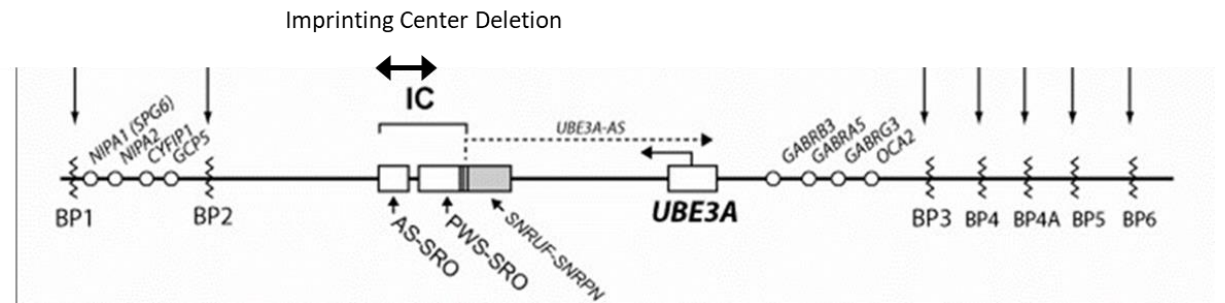
Depending on the rearrangement, other family members may also carry the rearrangement and have an increased chance to have a child with UPD AS. They may wish to consider chromosome testing to understand their chances.

Genetic counseling is needed to understand the specific chromosome difference and what it means for future pregnancies and family members is especially important.

Imprinting Center Defect (ICD)

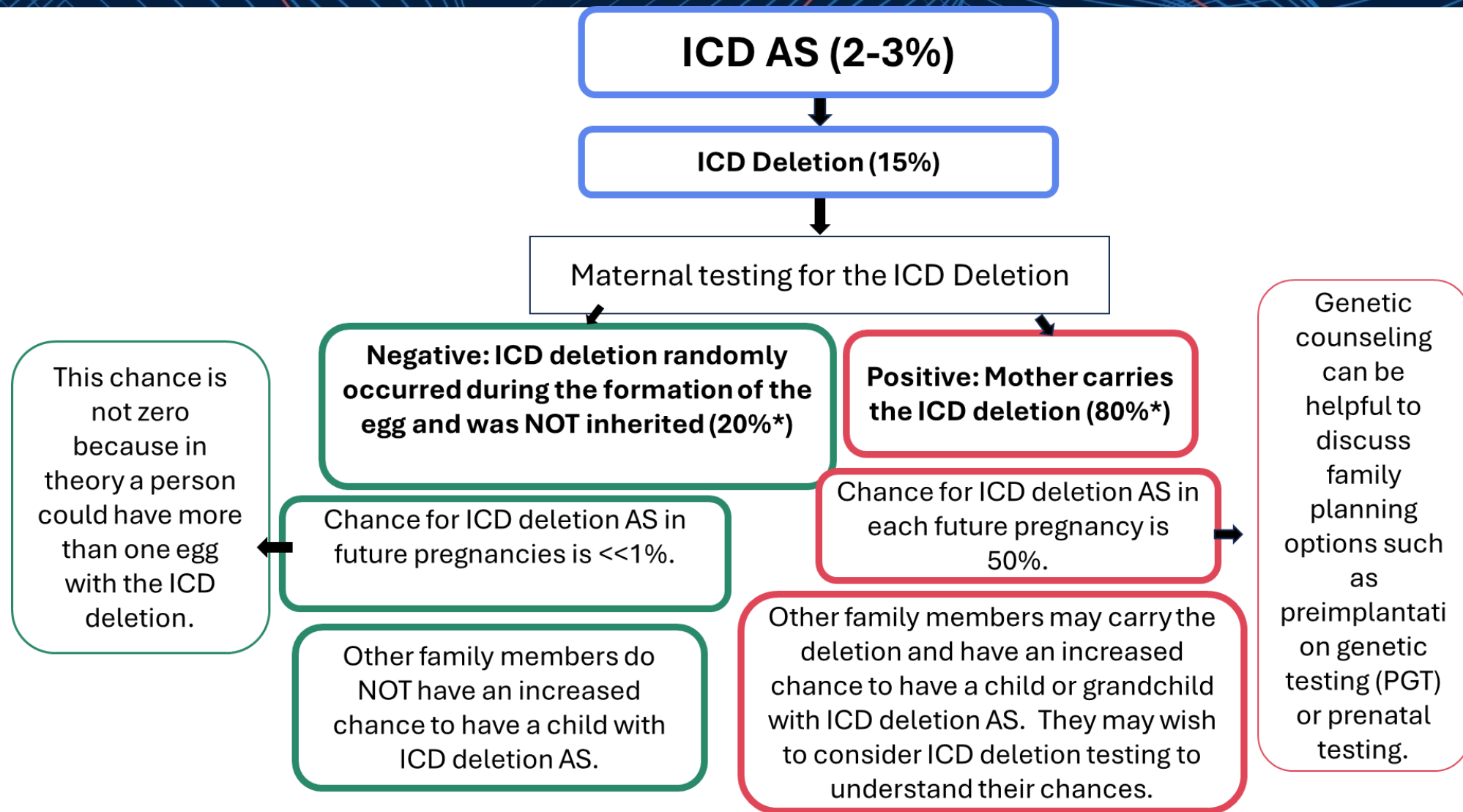


- Two separate causes:**
- Epigenetic methylation defect that is often mosaic
 - Deletion of the imprinting center which may be inherited



Adapted from Angelman Syndrome, GeneReviews® [Internet]. Adam MP, Feldman J, Mirzaa GM, et al., editors. Seattle (WA): University of Washington, Seattle; 1993-2024.
 Keute, M., Miller, M.T., Krishnan, M.L. *et al.* Angelman syndrome genotypes manifest varying degrees of clinical severity and developmental impairment. *Mol Psychiatry* **26**, 3625–3633 (2021).
 Horsthemke, B., Lich, C., Buiting, K. *et al.* Problems in detecting mosaic DNA methylation in Angelman syndrome. *Eur J Hum Genet* **11**, 913–915 (2003).

Imprinting Center Defect – inheritance and recurrence risk

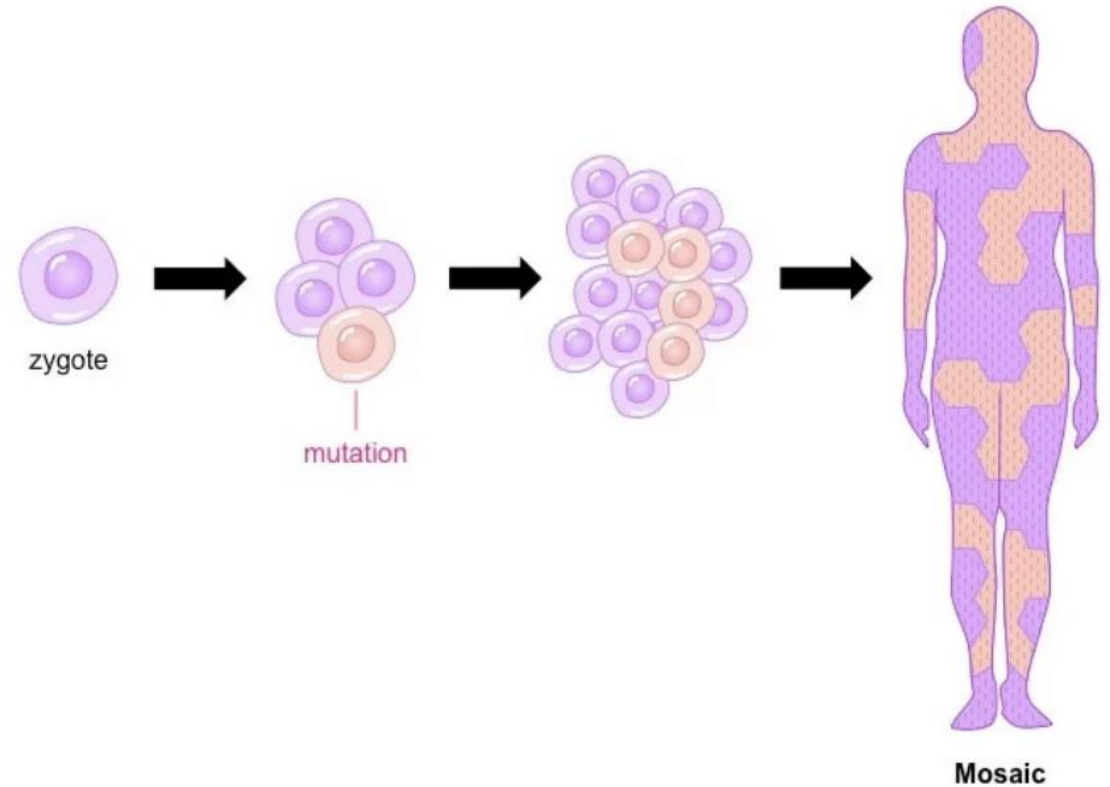


October 8, 2024

*Reference: Horsthemke B, Bültgen K: Genomic imprinting and imprinting defects in humans. Adv Genet 61:225–246 (2008).

Mosaicism

- Most commonly caused by epigenetic methylation at the imprinting center that occurs after conception
- Has also been reported in individuals with Deletion, UPD, and Mutation



<https://smc1a-epilepsy.org/wp-content/uploads/2023/07/Screen-Shot-2023-05-04-at-1.37.10-PM.png>

October 8, 2024


Future of diagnosis for Angelman syndrome

- Long read sequencing

- Oxford Nanopore
- PacBio

- Newborn screening

- Multiple methylation-based assays in validation
 - Would not detect Mutation AS
- Included in some sequencing pilots
 - Sequencing pilots have variable ability to detect UPD, Deletion, and ICD
- No prospective pilot



Contents lists available at [ScienceDirect](#)

ELSEVIER

European Journal of Medical Genetics

journal homepage: www.elsevier.com/locate/ejmg

Check for updates

Diagnosis of Prader-Willi syndrome and Angelman syndrome by targeted nanopore long-read sequencing

Mamiko Yamada^a, Hironobu Okuno^b, Nobuhiko Okamoto^c, Hisato Suzuki^a, Fuyuki Miya^a, Toshiki Takenouchi^d, Kenjiro Kosaki^{a,†}

^a Center for Medical Genetics, Keio University School of Medicine, Tokyo, Japan
^b Department of Physiology, Keio University School of Medicine, Tokyo, Japan
^c Department of Medical Genetics, Osaka Women's and Children's Hospital, Osaka, Japan
^d Department of Pediatrics, Keio University School of Medicine, Tokyo, Japan



October 8, 2024



Therapeutic pathway based on the genetics of Angelman syndrome

Niki Armstrong



European Commission

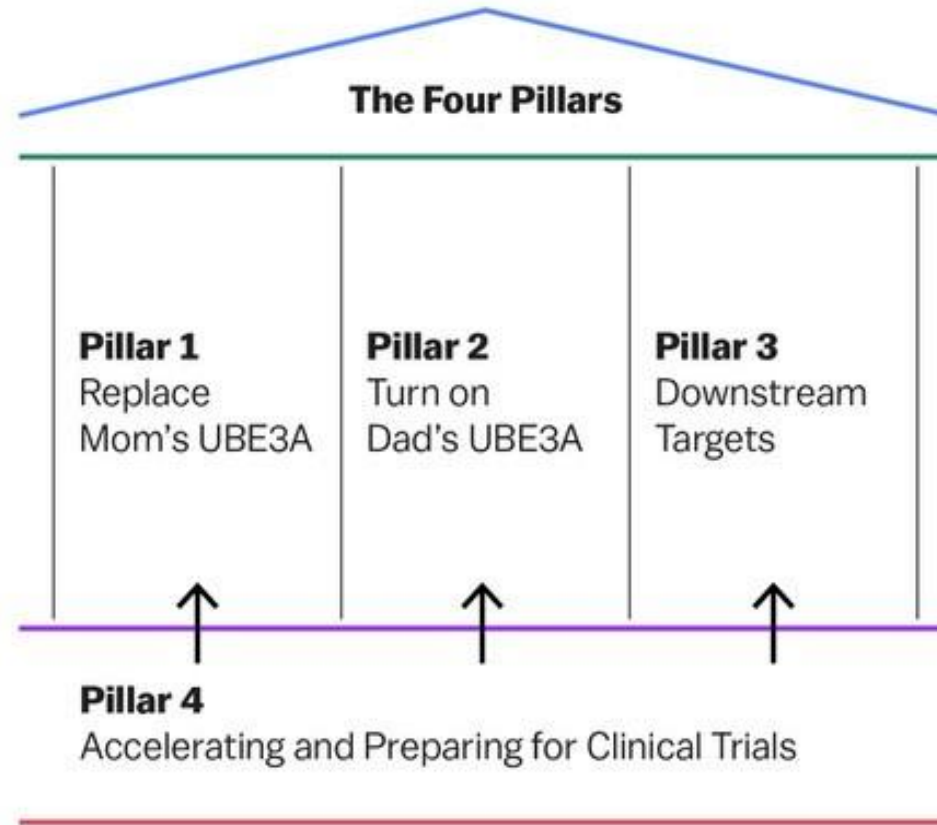
EUROPEAN REFERENCE NETWORKS

Helping patients with rare or low-prevalence complex diseases

October 8, 2024

Approaches to transformative therapies in Angelman syndrome: the FAST perspective

fast 



October 8, 2024

Next webinar on Angelman syndrome

- Global Science Summit highlights - updates on research pipeline and clinical trials
 - Prof. Laurent Servais, Pediatric neurologist – CHR La Citadelle – Liège, Belgium & MDUK Oxford Neuromuscular center, Oxford, UK
 - Prof. Nadia Bahi-Buisson, Pediatric neurologist – Hôpital Necker-Enfants Malades – Paris, France
- FAST Global Science Summit – 7 & 8 November 2024, Orlando - USA
 - Free registration: <https://cureangelman.org/summit>

oct 8, 2024

Questions?



Questions from the survey

What are the most promising new therapies on the horizon for Angelman syndrome, and how might these impact the quality of life for children with AS?

Has there been any recent findings about AS?

What effect is expected from ASO treatment in UPD patients?

What are the results of current trials in Angelman syndrome research?

Thank you for your attention !

- **Feedback survey, before you leave**
<https://forms.office.com/e/NDmYW0bD1g>
- **Get ITHACA's NewsLetter** <https://ern-ithaca.eu>



October 8, 2024