

Patient Journey Williams Syndrome



Note: Can experience poor growth, cardiac abnormalities!



... pre-diagnosis

.... genetic analysis ...

Note: Often we don't know which our rights are, we don't know which chances we can seize because there is no information!

1. First symptom

Supravalvular aortic or pulmonary stenosis, Low growth, characteristic Physiognomic aspect Hypercalcemia Feeding difficulties Dental abnormalities Hernias **Hyperacusis** Musculoskeletal problems High urinary frequency nocturnal enuresis

2. Diagnosis & 1st **Treatment**

3. Clinical & Mental Check

Clinical follow up (twice vr) Table of growth specific for WS and guidelines about what to do at the different ages (cardiological controls, pressure, endocrinological controls, and many others) Neurological FU (each yr) to evaluate the stage of mental development and the gap with the normal parameters

4. Follow-Up

Program of mental improvement, attending to a neuro-psychotherapy x2 week until 6/8 years; Speech therapy programme (from 2 to 4/5); Music therapy all lifelong; Educational program to

improve their autonomy.

5. Social Care

Educational support at home to develop autonomy Psychological support to afford anxiety and to implement awareness about "self" /who they are, which are their limits, why they can't do what other people are usually doing etc.). Occupational therapy Recreation programs

Ideally:

A centre of competence that could bring together all the symptoms asking to a geneticist to do specific analysis. The capability to recognize symptoms and quickly give to parents a diagnosis.

Ideally: The chance to do all the analysis in the same place:

Capability of communication to afford the first steps into the Syndrome; Start the early intervention to accelerate the development (especially motion perception and micromanipulation.

Note: Case Manager / Coordinator and Multi-**Professional Approach!**

Ideally:

All the therapy needed to express at the best all the potentiality of the person



Information and European support www.eurowilliams.org

Note:

Coordination Centre to case manage a multiprofessional team (teacher, therapists, doctors, family, educators....) See MDT x twice yearly Aim to improve capability and quality of life!

Ideally: Continuous development programme (e.g.: in a resource centre)

Ideally:

We need a well-structured social system that could give us a guideline about all the things needed. We should find answers to our questions and solution for our problems!

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